

SubstanceEducation.com

Course Information Sheet

Older Adults, Substance Misuse and Medication
(3 education hours)

Course Description: Substance abuse, particularly of alcohol and prescription drugs, among adults sixty and older is one of the fastest growing health problems facing the country. Yet, even as the number of older adults suffering from these disorders climbs, the situation remains underestimated, under-identified, under-diagnosed, and under-treated. This course will help older adults, as well as others in relationship with these individuals, gain a better understanding of the issues facing them in society today.

Course Objectives:

- 1) Understand the unique challenges of older adults and substances
- 2) Identify warning signs of alcohol or medication-related problems
- 3) Explore co-occurring disorders
- 4) Define problems now and problems projected
- 5) Examine tips for medication management

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<http://substanceeducation.com/moodle-subed/course/view.php?id=56>