

Course Information Sheet

Understanding Anxiety Disorders (1 education hour)

Course Description: Substance use commonly masks anxiety disorders. This course identifies and describes the common signs of anxiety disorders. Included is a discussion of effective treatment methods and resources for further investigation.

Course Objectives:

1. Describe the symptoms of anxiety disorders
2. Explain the role of research in understanding the causes of these conditions
3. Describe effective treatments
4. Learn how to obtain treatment and work with a doctor or therapist
5. List the ways to make treatment more effective

Click here to enroll in this course:

<http://substanceeducation.com/moodle-subed/course/view.php?id=17>

