

## ***Course Information Sheet***

### Tobacco Addiction and Your Health (1 education hour)

Course Description: Despite being the number one cause of preventable death in the United States, tobacco addiction continues to be a common problem for many people. This course explores the facts about tobacco addiction, as well as some tips for quitting its use.

Course Objectives:

1. Identify the extent and impact of tobacco use
2. Evaluate how tobacco delivers its effects
3. Review the medical consequences of tobacco use
4. Consider treatment options

**Click here to enroll in this course:**

<http://substanceeducation.com/moodle-subed/course/view.php?id=20>

