

## ***Course Information Sheet***

### Thirty-Seven Warning Signs of Relapse (2 education hours)

Course Description: This course examines the warning signs of relapse and provides a format for constructing an individualized warning sign list.

Course Objectives:

1. List and explain the 37 warning signs of relapse
2. Describe the steps to construct your own list of Personalized Warning Signs
3. Explain positive and healthy ways to deal with relapse “slips” that may occur
4. Write your own Relapse Action Plan

**Click here to enroll in this course:**

<http://substanceeducation.com/moodle-subed/course/view.php?id=9>

