

Course Information Sheet

Substance Resources: What You Should Know (5 education hours)

Course Description: Finding information about mental health and addiction can be a confusing and sometimes daunting task. This course makes the substance resource search easier by providing definitions and explanation of common terms found in treatment. Included are links to websites for further exploration.

Course Objectives:

1. Define the common terms associated with use, abuse, and addiction
2. List the types of treatment and self-help group terms that are available to help both the abuser/addict and her/his family members
3. Explain the provider types that can provide assistance
4. Describe the goals of treatment
5. Discuss the steps for choosing the right program that will lead to recovery

Click here to enroll in this course:

<http://substanceeducation.com/moodle-subed/course/view.php?id=21>