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Course Information Sheet

Military Personnel and Substance Use (.5 education hour)

<u>Course Description</u>: Some active duty military personnel and veterans face unique challenges when adjusting to life after deployment. This course reviews these challenges, as well as common substances military men and woman often use to cope with this readjustment.

Course Objectives:

- 1. Explain the unique challenges that deployed military often face when returning home from combat
- 2. Define comorbidity
- 3. Differentiate between the different treatment methods that are available for people who experience comorbid disorders

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