

Course Information Sheet

Eating Disorders (0.5 education hour)

Course Description: This course explores the various types of eating disorders and the characteristics associated with each type. It examines various treatment options and research to support effectiveness. Eating disorder statistics have been provided across a variety of populations, as well as a spotlight on eating disorders from the National Institute of Mental Health.

Course Objectives:

1. Provide definitions of eating disorders
2. Evaluate signs and symptoms of the different types of eating disorders
3. Review the research regarding gender issues
4. Provide statistics on eating disorders

Click here to enroll in this course:

<http://substanceeducation.com/moodle-subed/course/view.php?id=38>