

SubstanceEducation.com

Course Information Sheet

**Bundled Course: Family Roles in Substance Abusing Homes
and Understanding Codependency
(2 education hours)**

Course Description: From our very popular *Family Roles in Substance Abusing Homes* course, listen to SubstanceEducation.com's host Steve Smith talk with Omega Galliano, Frances Joslin, and Dr. Jim Cook about common childhood roles and reactions that are typical in homes with addiction. Likewise, from another popular course entitled *Understanding Codependency*, explore codependency, a toxic and painful type of relationship that is often developed with addicted individuals. All of this in just one course!

Course Objectives:

1. Identify how substance abuse impacts the family
2. Identify and discuss various family roles that arise out of living in a substance abusing home
3. Explore how growing up in a substance abusing family affects children as adults
4. Identify resources for those struggling with living in a substance abusing family
5. Examine various definitions of codependency
6. Review the characteristics of codependency
7. Evaluate detachment as a technique
8. Consider a recovery process to move away from dependence

Click here to enroll in this course:

<http://substanceeducation.com/moodle-subed/course/view.php?id=26>