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Course Information Sheet

Addict Personality and Maslow's Hierarchy of Needs (1 education hour)

<u>Course Description</u>: This course uses Maslow's Hierarchy of Needs to describe how an addictive personality is impacted by dependency. Three basic solutions are examined.

Course Objectives:

- 1. List and describe each step in Maslow's Hierarchy of Needs
- 2. Explain how each step can contribute to addiction
- List and describe the three basic solutions used by the addict to satisfy dependency needs
- 4. Explain how Maslow's Hierarchy of Needs and the three basic solutions prevent the addict from finding a more fulfilling life

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